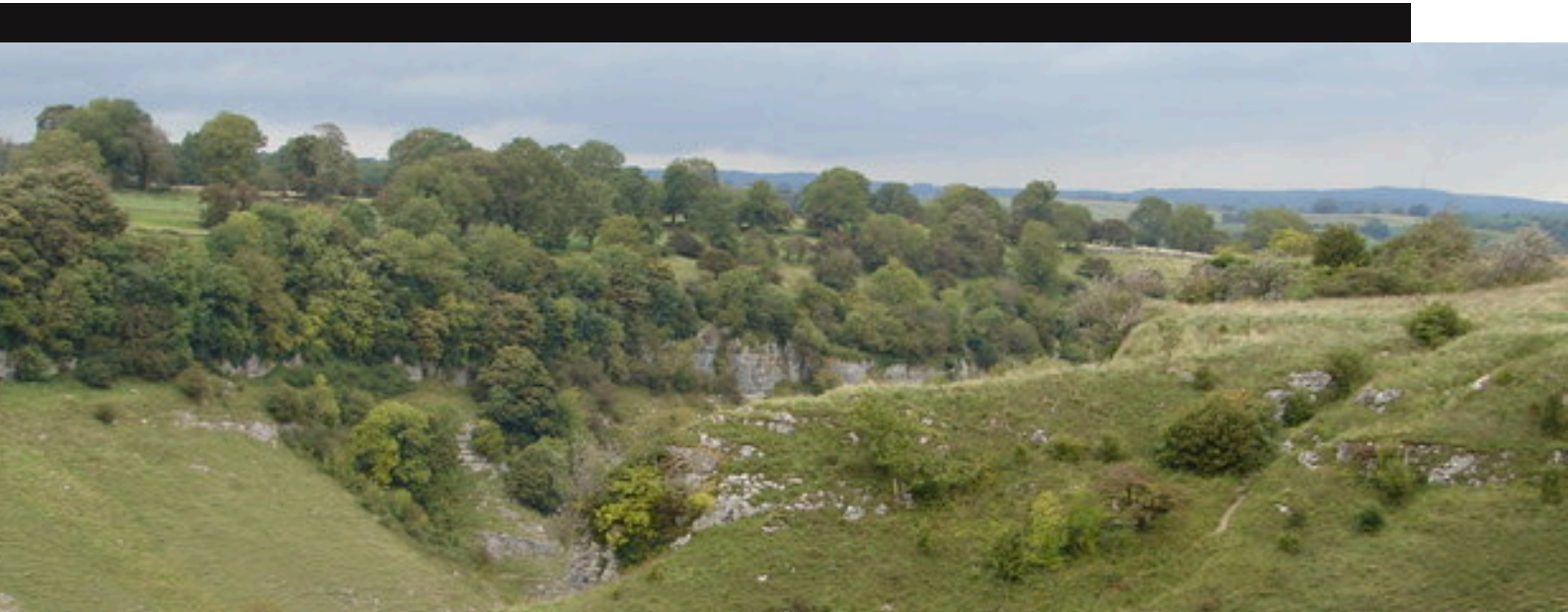


CHEE DALE

13TH SEPTEMBER
10:30AM – 2:30PM



- Walk Name:** Cheedale & The Monsal Trail Circular
- Meet Point:** Millers Dale car park near Ilam (nearest postcode – SK17 8SN and What3Words link [What3Words link Ivinghoe Beacon National Trust car park](https://w3w.co/harshesh.pack.grand) (nearest postcode – LU6 2EG and What3Words link <https://w3w.co/harshesh.pack.grand>)).)
- Route Info:** Approx. 7.5 miles and 4hrs with a lunch break including the Cheedale Stepping Stones, large parts of the Monsal trail including tunnels and back to the car park. 1,000ft of elevation in total, mainly on good paths and grass with very occasional rocky/steeper sections.
- Refreshments:** Bring food & drinks with you.
- Clothing & Footwear:** Hiking boots or trail shoes, comfortable layered clothing.