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And you can only hope you've done enough.

That moment of leaving them on their own in a strange city.

You say your goodbyes, you tell them how proud you are, you hug them a little harder.

"I love you" on repeat.

If you're anything like me you'll also do the final 'Big shop' with them to make sure they eat for the next week.

Heart and head all over the place.

Wow, it's emotional.



Two years ago I wrote on LinkedIn about dropping him at Uni in Manchester. Tomorrow the next chapter starts for him in the big smoke.

Carpe diem. He's ready. But am I?

Big love to all the parents doing the dropping, the shopping, the squeezing and the trying not to cry in front of them.

We got this 🍀❤️